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## Lifestyle Counselling Intervention to prevent Gestational Diabetes Mellitus

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VRIJE UNIVERSITEIT

**LIFESTYLE COUNSELLING INTERVENTION TO PREVENT GESTATIONAL DIABETES MELLITUS**

The development and evaluation of a motivational interviewing lifestyle intervention among  
overweight and obese pregnant women across nine European countries

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan  
de Vrije Universiteit Amsterdam,  
op gezag van de rector magnificus  
prof.dr. V. Subramanian  
in het openbaar te verdedigen  
ten overstaan van de promotiecommissie  
van de Faculteit der Geneeskunde  
op dinsdag 28 maart 2017 om 13.45 uur  
in de aula van de universiteit,  
De Boelelaan 1105

door

Judith Geertruida Maria Jelsma

geboren te Leeuwarden