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Sleep, circadian rhythms and physical activity in depression and anxiety

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2021

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Difrancesco, S. (2021). *Sleep, circadian rhythms and physical activity in depression and anxiety: The role of ambulatory assessment tools*. [PhD-Thesis - Research and graduation internal, Vrije Universiteit Amsterdam].

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VRIJE UNIVERSITEIT

**SLEEP, CIRCADIAN RHYTHMS AND PHYSICAL ACTIVITY IN DEPRESSION AND
ANXIETY**

The role of ambulatory assessment tools

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor of Philosophy aan
de Vrije Universiteit Amsterdam,
op gezag van de rector magnificus
prof.dr. V. Subramaniam,
in het openbaar te verdedigen
ten overstaan van de promotiecommissie
van de Faculteit der Geneeskunde
op donderdag 28 oktober 2021 om 13.45 uur
in de aula van de universiteit,
De Boelelaan 1105

door

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geboren te Milaan, Italië

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