This book tells the medical story of pregnant women in Thyolo District, Malawi. Due to the global economic inequality, women in this district have only limited access to professional medical services. Obstetric care is delivered within a poorly equipped health system and often of low quality. This thesis, however, brings into light a spark of hope that local interventions can improve maternal health outcomes despite resource limitations. Neither these discouraging limitations, nor fragile positive results such as those described in this book, should lead us to become passive. The fight against maternal and perinatal mortality and morbidity is a fight that must continue to be fought. It is not a useless effort.