Resilience and old age

Community care from an insider and empowerment perspective

Bienke M. Janssen
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ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan de Vrije Universiteit Amsterdam, op gezag van de rector magnificus prof.dr. L.M. Bouter, in het openbaar te verdedigen ten overstaan van de promotiecommissie van de Faculteit der Geneeskunde op donderdag 6 juni 2013 om 13.45 uur in de aula van de universiteit, De Boelelaan 1105

door

Bienke Maria Janssen

geboren te Sint Michielsgestel
promotoren: prof.dr. T.A. Abma
prof.dr. T. Van Regenmortel
‘If ageing is to be a positive experience, longer life must be accompanied by continuing opportunities for health, participation and security’

World Health Organisation (2002: 12)

‘No matter how old we are, we can still play our part in society and enjoy a better quality of life. The challenge is to make the most of the enormous potential that we harbour even at a more advanced age’

European year for active ageing and solidarity between generations 2012

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