Contents

Chapter 1  General introduction 7
Chapter 2  Psychotherapy alone and combined with pharmacotherapy in the treatment of depression 19
Chapter 3  Psychometric properties of the Helping Alliance Questionnaire I in psychodynamic psychotherapy for major depression 39
Chapter 4  Afweerstijl en therapeutische techniek als voorspellers voor uitkomst van psychodynamische psychotherapie bij depressie 57
Chapter 5  Therapist judgment of defense styles and therapeutic technique related to outcome in psychodynamic psychotherapy for depression 73
Chapter 6  Predictive value of object relations for therapeutic alliance and outcome in psychotherapy for depression. An exploratory study 81
Chapter 7  Personality disorders and the therapeutic alliance in short-term psychodynamic therapy for depression 99
Chapter 8  Is the alliance always a predictor of change in psychodynamic psychotherapy for depression? 111
Chapter 9  The temporal relationship between alliance and change in psychodynamic therapy for depression 131
Chapter 10 Adequate Psychoanalytic Support for patients with narcissistic personality pathology and comorbid depression 153
Chapter 11 General discussion 171

Summary 199

Samenvatting (Summary in Dutch) 207

About the author 215

List of publications 219

Dankwoord (Acknowledgements) 223