

**A longitudinal and experimental analysis
of the transition to parenthood:
Explaining parenting self-efficacy, anxiety symptoms,
and depressive symptoms**

Florentina C. Kunseler

©2015, Florentina C. Kunseler, VU University Amsterdam, Department of Clinical Child and Family Studies & EMGO+ Institute for Health and Care Research, the Netherlands



Faculty of
Psychology
and Education



The studies in this thesis were supported by a grant from the foundation Stichting tot Steun Nederland, later taken over by Stichting Steunfonds Pro Juventute.

Cover: Nikki Vermeulen
Layout: Ridderprint BV - www.ridderprint.nl
Printed by: Ridderprint BV - www.ridderprint.nl

All rights reserved. No part of this publication may be reproduced, in any form or by any means, without prior written permission from the author.

ISBN 978-94-6299-095-1

VRIJE UNIVERSITEIT

**A longitudinal and experimental analysis
of the transition to parenthood:
Explaining parenting self-efficacy, anxiety symptoms,
and depressive symptoms**

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan
de Vrije Universiteit Amsterdam,
op gezag van de rector magnificus
prof.dr. F.A. van der Duyn Schouten,
in het openbaar te verdedigen
ten overstaan van de promotiecommissie
van de Faculteit der Psychologie en Pedagogiek
op dinsdag 9 juni 2015 om 13.45 uur
in de aula van de universiteit,
De Boelelaan 1105

door

Florentina Catharina Kunseler

geboren te Delft

promotor: prof.dr. C. Schuengel
copromotor: dr. M. Oosterman

Overige leden promotiecommissie:

Prof. dr. S. M. Bögels – Universiteit van Amsterdam

Prof. dr. A. C. Huizink – Vrije Universiteit Amsterdam

Em. prof. dr. R. M. Hirasing - Vrije Universiteit Amsterdam

Prof. dr. J. Mesman – Universiteit Leiden

Dr. L. M. Kroneman – Intermetzo

Paranimfen:

Eva Kunseler

Marije Verhage

