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## The QLIM study

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This thesis provides information on a study on the physical fitness of children with cancer during and shortly after cancer treatment. It presents the design and effects of a new 12-weeks intervention program, which includes physical exercise and psychosocial training sessions. In addition, this thesis gives insight into the cost-effectiveness of the program and the willingness of children and their parents to participate in the trial.

Katja Braam is a health scientist at the VU University Medical Center, with specific interest in health care innovations and interventions aiming to minimize the negative effects of childhood cancer.

# THE Q<sub>L</sub>IM STUDY

Improving physical fitness in children with cancer:  
a steep mountain to climb

Katja Braam

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