

VU Research Portal

Rehabilitation after lumbar disc surgery

Oosterhuis, T.

2016

document version

Publisher's PDF, also known as Version of record

[Link to publication in VU Research Portal](#)

citation for published version (APA)

Oosterhuis, T. (2016). *Rehabilitation after lumbar disc surgery*. [PhD-Thesis - Research and graduation internal, Vrije Universiteit Amsterdam].

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

E-mail address:

vuresearchportal.ub@vu.nl

Rehabilitation after lumbar disc surgery

Teddy Oosterhuis

The studies presented in this thesis were conducted at the Department of Health Sciences and the EMGO+ Institute for Health and Care Research, VU University Amsterdam. The EMGO+ Institute participates in the Netherlands School of Primary Care Research (CaRe), which was acknowledged in 2005 by the Royal Netherlands Academy of Arts and Science (KNAW).

The randomised controlled trial presented in this thesis was funded by a grant from the Netherlands Organisation for Health Research and Development (ZonMw) health care efficiency research (project no 171102010).

English title	Rehabilitation after lumbar disc surgery
Dutch title	Revalideren na een lumbale herniaoperatie
Cover	detail of the mural <i>Mouraria</i> by Godmess, Galeria de Arte Urbana & Centro de Inovação da Mouraria, Lisboa, Portugal
Cover photo	Teddy Oosterhuis
Lay-out	proefschrift-aio.nl
ISBN	978-90-825123-7-3

© 2016, Teddy Oosterhuis, the Netherlands. All rights reserved. No part of this thesis may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or any information storage and retrieval system, without prior permission of the holder of the copyright.

VRIJE UNIVERSITEIT

Rehabilitation after lumbar disc surgery

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan
de Vrije Universiteit Amsterdam,
op gezag van de rector magnificus
prof.dr. V. Subramaniam,
in het openbaar te verdedigen
ten overstaan van de promotiecommissie
van de Faculteit der Aard- en Levenswetenschappen
op maandag 10 oktober 2016 om 13.45 uur
in de aula van de universiteit,
De Boelelaan 1105

door

Teddy Oosterhuis

geboren te Apeldoorn

promotoren: prof.dr. M.W. van Tulder
prof.dr. W.C. Peul
prof.dr. R.W.J.G. Ostelo