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## The effect of pre-cooling on cooling efficiency and exercise performance

Bogerd, N.

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# The effect of pre-cooling on cooling efficiency and exercise performance

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan  
de Vrije Universiteit Amsterdam,  
op gezag van de rector magnificus  
prof.dr. L.M. Bouter,  
in het openbaar te verdedigen  
ten overstaan van de promotiecommissie  
van de faculteit der Bewegingswetenschappen  
op maandag 21 november 2011 om 15.45 uur  
in de aula van de universiteit,  
De Boelelaan 1105

door

**Nina Bogerd**

geboren te Ljubljana, Slovenië