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Chapter 2

Circulating invariant natural killer T-cell numbers predict outcome in head and neck squamous cell carcinoma: Updated analysis with 10-year follow-up

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Head and neck squamous cell carcinoma (HNSCC) is the most common histologic tumor type of the upper aerodigestive tract. Approximately 75% of patients present with locally advanced disease and require combined modality treatment consisting of surgery and radiotherapy, or chemoradiotherapy. Tumor recurrence occurs in 60% and 5-year survival approximates 35%. Environmental carcinogens and a failure of the immune system have been implicated in the initiation and development of HNSCC.^{1,2}

Previously, we reported that a severe deficiency in invariant natural killer T (iNKT) cells, which constitute a unique CD1d-restricted immunoregulatory T-cell subset that rapidly produces large amounts of cytokines upon triggering, was related to poor outcome in HNSCC.² Here, we provide an updated analysis of this patient group with a median follow-up of 8.7 yr. As recent reports demonstrated human papillomavirus (HPV) status to be a strong independent prognostic factor in oropharyngeal cancer³, we additionally evaluated tumor HPV-status in relation to iNKT-numbers in this patient subgroup.

Peripheral blood iNKT-numbers were assessed by flowcytometry in 47 HNSCC patients before the start of curative-intent radiotherapy (reference² details study design and patient characteristics). Patients were stratified based on iNKT-levels: low (<25th percentile), intermediate (25th-75th percentile), or high (>75th percentile). Overall survival (OS), disease-specific survival (DSS), locoregional control (LRC), and development of distant metastases (DM) were measured from start of radiotherapy until the time of first failure or the most recent follow-up if no relapse was detected. The median follow-up time was 104 (range 5-137) months. Univariate analyses demonstrated a significantly decreased OS, DSS, and LRC rate and an increased DM rate in patients with low iNKT-levels before radiotherapy (Figure 1 and Table 1). Clinical T-stage was associated with DSS and LRC but not with OS or DM; tumor differentiation grade was significantly associated with OS but not with DSS, LRC or DM. Multivariate analyses, performed using the Cox proportional hazards model, confirmed that the iNKT-level was an independent prognostic factor with regard to OS (low *v* high iNKT, HR=9.1, *P*=.002), DSS (low *v* high iNKT, HR=11, *P*=.046), and LRC (low *v* high iNKT, HR=14, *P*=.013) (Table 2). Age was a significant confounding factor with regard to OS and DSS (HR=1.1, *P*=.007 and .034 respectively). Clinical T-stage was indicative of reduced DSS (HR=5.3, *P*=.047) but not of OS. Paraffin-embedded tumor tissue from oropharyngeal cancer patients (*n*=10) was additionally tested for HPV using an initial p16 staining that when positive was followed by an HPV-PCR. Tumor biopsies from all oropharyngeal cancer patients were negative for HPV implicating that the survival benefit of patients with intermediate/high iNKT-levels was not related to HPV-infection, strengthening the hypothesis that the observed survival benefit is a direct consequence of differences in circulating iNKT. An interesting difference between OS and DSS was found in patients with intermediate iNKT-levels, as their DSS was comparable to that of patients

with high iNKT-levels (10-year DSS: 90% *v* 92%) while their OS was strikingly reduced (10-year OS: 26% *v* 70%). As a reduced size of the iNKT-pool could increase susceptibility to a secondary malignancy by hampering tumor immunosurveillance, it is interesting that an increased frequency of second primary tumors was observed in patients with intermediate iNKT-numbers (33% *v* 9%). However, univariate analyses revealed no overall statistically significant correlation between iNKT-numbers and the occurrence of a second primary tumor.

A reduced size of the circulating iNKT-pool is a characteristic of many tumor types (reviewed in ⁴). Our results unequivocally demonstrate that iNKT-levels are strong predictors of clinical outcome in HNSCC patients treated with curative-intent radiotherapy. As a direct relation between a low intratumoral iNKT-frequency and poor prognosis was noted in neuroblastoma and colorectal cancer⁴, the predictive value of iNKT could be a more general phenomenon. The pathogenesis of the defective iNKT-pool in cancer patients has not yet been elucidated, but might be related to the production of immunosuppressive cytokines, shedding of natural glycolipids by tumor cells, and/or by alterations in CD1d-expressing APC.⁴ As the iNKT-deficiency is retained for >18 weeks after radiotherapy for HNSCC and is not affected by disease stage or surgical tumor removal², it appears that tumors either induce irreversible defects in the iNKT-population or that a pre-existing defect in the iNKT-population provides a risk factor for tumor development.

The present data with a median follow-up time of 8.7 years demonstrate that HNSCC patients with a severe iNKT-deficiency have a strikingly poor clinical outcome. As early iNKT-based clinical trials observed anti-tumor activity in HNSCC⁵, we believe sufficient rationale exists to further explore iNKT-based immunotherapeutic strategies in HNSCC.

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Table 1. Log-Rank Statistics

| Clinical Parameter | Primary Tumor* | | | | | | | | Secondary Unrelated Tumor† | |
|------------------------------------|----------------|-------|----------|-------|----------|-------|----------|-------|----------------------------|------|
| | OS | | DSS | | LRC | | DM | | TFS | |
| | χ^2 | P | χ^2 | P | χ^2 | P | χ^2 | P | χ^2 | P |
| Sex | 1.219 | .270 | 0.432 | .511 | 1.209 | .271 | 2.096 | .148 | 0.007 | .935 |
| Primary <i>v</i> postoperative RTH | 0.030 | .853 | 1.416 | .234 | 0.072 | .788 | 0.046 | .830 | 3.394 | .065 |
| T1-T2 <i>v</i> T3-T4‡ | 3.538 | .060 | 6.064 | .014§ | 6.353 | .012§ | 0.745 | .388 | 1.043 | .307 |
| N0 <i>v</i> N+ | 0.000 | .993 | 1.766 | .184 | 0.005 | .945 | 2.361 | .124 | 0.888 | .346 |
| Grades 1-2 <i>v</i> 3-4¶ | 3.892 | .049§ | 0.003 | .958 | 0.274 | .601 | 0.301 | .583 | 0.884 | .347 |
| iNKT cells/10 ⁶ T cells | 8.43 | .015§ | 9.689 | .008§ | 11.730 | .003§ | 8.331 | .016§ | 1.689 | .430 |
| iNKT cells/mL | 22.77 | .000§ | 8.024 | .018§ | 13.528 | .001§ | 12.967 | .002§ | 1.244 | .537 |
| T cells/mL | 5.99 | .051 | 0.616 | .735 | 2.873 | .238 | 3.666 | .160 | 0.586 | .746 |
| NK cells/mL | 4.08 | .130 | 2.350 | .309 | 0.590 | .745 | 1.028 | .598 | 1.697 | .428 |

NOTE: Patients were stratified before the start of radiotherapy on the basis of sex, treatment, disease stage, tumor grade, or iNKT-, T-, or NK-cell levels (< the 25th percentile, 25th to 75th percentile, and > the 75th percentiles of the total population). P values were determined by log-rank statistics. Significant associations were further investigated in a multivariate analysis (Cox regression model).

Abbreviations: DM, development of distant metastases; DSS, disease-specific survival; iNKT, invariant natural killer T; LRC, locoregional control; N+, lymph node metastases detected; N0, absence of lymph node metastases; NK, natural killer; OS, overall survival; RTH: radiotherapy; TFS, tumor-free survival.

*Relative differences in primary tumor-related OS, DSS, LRC, and DM event distribution between stratified groups (χ^2).

†Relative differences regarding TFS of a secondary unrelated tumor.

‡Grades 1-2 denote a well-differentiated to moderately differentiated tumor, and grades 3-4 denote a poorly differentiated to undifferentiated tumor.

§P < .05

¶T1-T4 denote the extent of the primary tumor according to the TNM classification (International Union Against Cancer criteria of tumor response 1997).

| Table 2. Cox Regression | | | |
|------------------------------|------|---------------|------------|
| Parameter | P | Relative Risk | 95% CI |
| OS* | .001 | | |
| iNKT/10 ⁶ T cells | .005 | | |
| < 48 v 48-242 | .019 | 3.0 | 1.2 to 7.4 |
| < 48 v > 242 | .002 | 9.1 | 2.2 to 37 |
| Age | .007 | 1.1 | 1.0 to 1.1 |
| Grades 1-2 v 3-4† | .054 | NA‡ | NA‡ |
| DSS* | .003 | | |
| iNKT/10 ⁶ T cells | .030 | | |
| < 48 v 48-242 | .017 | 11 | 1.5 to 71 |
| < 48 v > 242 | .046 | 11 | 1.0 to 125 |
| Age | .034 | 1.1 | 1.0 to 1.2 |
| T1-T2 v T3-T4§ | .047 | 5.3 | 1.0 to 28 |
| LRC* | .003 | | |
| iNKT/10 ⁶ T cells | .012 | | |
| < 48 v 48-242 | .027 | 3.2 | 1.1 to 9.0 |
| < 48 v > 242 | .013 | 14 | 1.7 to 111 |
| Age | .215 | NA‡ | NA‡ |
| T1-T2 v T3-T4§ | .064 | NA‡ | NA‡ |
| DM* | .016 | | |
| iNKT/10 ⁶ T cells | .428 | NA‡ | NA‡ |
| < 48 v 48-242 | .963 | NA‡ | NA‡ |
| < 48 v > 242 | .193 | NA‡ | NA‡ |
| Age | .268 | NA‡ | NA‡ |

NOTE: Patients were stratified in three groups before to the start of radiotherapy as follows: patients with iNKT/10⁶ T cells below the 25th percentile (< 48), within the 25th and 75th percentiles (48-242) and above the 75th percentile (> 242). The stepwise forward Cox proportional hazard model was used to investigate the predictive value of the iNKT level and age with regard to OS, DSS, LRC, and DM.

Abbreviations: DM, development of distant metastases; DSS, disease-specific survival; iNKT, invariant natural killer T; LRC, locoregional control; NA, not applicable.

*P values refer to the overall significance of the regression model (omnibus test).

†Grades 1-2 denote a well-differentiated to moderately differentiated tumor, and grades 3-4 denote a poorly differentiated to undifferentiated tumor.

‡Parameter was not significantly associated with relative risk for the event ($P > .05$).

§T1-T4 denote the extent of the primary tumor according to the TNM classification (International Union Against Cancer criteria of tumor response 1997).

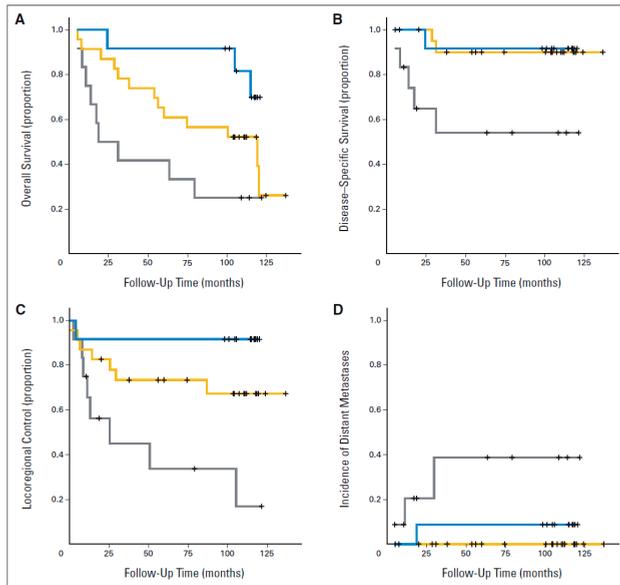


Figure 1. Kaplan-Meier analyses of OS, DSS, LRC, and DM in patients categorized according to the amount of iNKT/10⁶ T cells. Patients were stratified in three groups prior to the start of radiotherapy: patients with iNKT cells / 10⁶ T cells below the 25th percentile (<48, n=12, dashed line), within the 25th – 75th percentile (48-242, n=23, solid line) and above the 75th percentile (>242, n=12, bold line). Rates for iNKT low, intermediate, and high iNKT groups: (A) 10-year OS rates: 25, 26 and 70%; (B) 10-year DSS rates: 54, 90 and 92%; (C) 10-year LRC rates: 17, 67 and 92%; (D) 10-year DM-free rates: 54, 100, and 92%.

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