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## Unraveling the genetic components of voluntary exercise behavior in adolescents and young adults

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# ABOUT THE AUTHOR

Nienke Maria Schutte (1987) was born in Apeldoorn, the Netherlands. She graduated from high school (Christelijk Lyceum in Apeldoorn) in 2005 with a profile in Culture & Society. Determined to get an academic degree in science, she moved to Amsterdam and started studying at the Vrije Universiteit, where she completed her BSc Psychology with a specialization in biological psychology in 2009, and the research master Neuroscience, with a specialization in psychophysiology, in 2011. During her studies, she committed herself to the academic community by holding positions such as board member of the student association VSPVU (2006-2007), member of the university student council (2007-2008), student assistant at the Amsterdam University College (2008-2009) and member of the educational committee of the neuroscience master (2010).



In 2011, she started a PhD project supervised by prof.dr. Eco de Geus and prof.dr. Meike Bartels at the Netherlands Twin Register (NTR, maintained by the Biological Psychology department at the Faculty of Behavioral and Movement Sciences at the Vrije Universiteit Amsterdam). This project aimed to unravel the genetic components of adolescent exercise behavior. During her PhD, she presented her work at several international conferences and organized workshops for researchers, families enrolled at the Netherlands Twin Register and others. In addition, she was president of the board ProVU, the association for PhD candidates and postdoctoral researchers at the Vrije Universiteit and VU University medical center (2013-2015). The results of her PhD project are presented in this thesis.

List of publications:

