HYPOAWARE

A PSYCHOEDUCATIONAL GROUP INTERVENTION FOR PEOPLE WITH TYPE 1 AND INSULIN-TREATED TYPE 2 DIABETES AND PROBLEMATIC HYPOGLYCAEMIA

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Stefanie Rondags was born on March 17, 1983 in Maastricht. She studied Clinical Health Psychology at the University of Tilburg and worked as a psychologist for a couple of years. In the summer of 2011 she started her career in science at VU university medical center as a junior-researcher and later a PhD student. She participated in the development of HypoAware, a psychoeducational intervention for people with type 1 and type 2 diabetes and problematic hypoglycaemia, and later studied its feasibility and (cost-)effectiveness in a pilot study and a randomized controlled trial under the direction of prof.dr. Frank Snoek and dr. Maartje de Wit.