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## **ABOUT THE AUTHOR**

Saulo Delfino Barboza was born on 16 December 1988 in Sao Joaquim da Barra, Sao Paulo, Brazil. After his physiotherapy graduation at the University of Ribeirao Preto (UNAERP) in 2010, he completed a post-graduation course on applied sports rehabilitation at the Federal University of Sao Paulo (UNIFESP) in 2012, enrolling in the same year in the master's program in health sciences at the Federal University of Uberlandia (UFU). In 2013, Saulo was recognised as a specialist in sports physiotherapy by the Brazilian National Society of Sports Physiotherapy and Physical Activity (SONAFE).

In 2014, after receiving his master's degree, Saulo worked as a physiotherapist in the Ribeirao Preto area in Brazil supporting athletes of different sports in their practice, such as triathletes, skateboarders, swimmers, and dancers. Still in 2014, he was granted by CAPES, Brazilian Ministry of Education, with a 4-year funding for his PhD at the VU University Medical Center Amsterdam (VUmc), the Netherlands. During these 4 years (2014–2018), Saulo has worked full-time in the Department of Public & Occupational Health of the VUmc and in the Amsterdam Collaboration of Health & Safety in Sports (ACHSS), which was recognised by the International Olympic Committee (IOC) as one of the 10 worldwide Research Centres for Prevention of Injury and Protection of the Athlete Health. The results of Saulo's 4-year PhD journey are presented in this thesis.

Curriculum Vitae http://lattes.cnpq.br/4069007603271067

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