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Roselyter Monchari Riang'a was born in Kenya. She has a Bachelor of Arts degree in Social Studies and a master of philosophy degree in Sociology attained from Moi University Kenya. After having spent several years in the banking sector, she returned to academia as an assistant lecturer in the Department of Sociology and Psychology at Moi University, Kenya. She later decided to pursue her PhD research on maternal nutrition and health at the Athena Institute, Faculty of Science, Vrije Universiteit Amsterdam, the Netherlands. After her PhD she remained working at Moi University Kenya. Her research and publications revolve around maternal and child health. She is interested in understanding human behaviour and how this relates to their health and adoption of interventions and to translate that understanding into informed guidance on policies that improve health outcomes in low- and middle-income countries.

