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## Recruiting and treating depression in ethnic minorities: the effects of online and offline psychotherapy

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## ABOUT THE AUTHOR

**B**urçin Ünlü Ince was born on June 14th, 1986 in Zaanstad, the Netherlands. She graduated from high school (VWO) in 2004 at the Pascal College, Zaandam. After graduation, she studied psychology at the VU University in Amsterdam and received her Master's degree (with merit) in clinical psychology in 2009. In 2007 and 2008, she attended summer courses at the Boğaziçi University in Istanbul, Turkey. From 2008 to 2010, she worked as a junior researcher at the Trimbos Institute of Mental Health and Addiction in Utrecht. She has been involved in the development of a protocol for recruiting migrants for research, the development of a web-based treatment of depression for ethnic minorities, a visual screener for common mental disorders and she was chairwoman of a special expertise committee for ethnic minorities. Since 2008, she has been involved in education as a student-assistent, teaching-assistent, coordinator and lecturer in varying courses in Bachelor's and Master's degree programs. In 2011, she developed and taught a new course in the Master's program, Master-class Cultural Sensitive Care in the Mental Health Care, that has been offered twice a year. She completed the University Teacher Training Programme at the VU University in 2012. In 2012, she married with Serdar and moved to Istanbul.



# PUBLICATIONS

## PUBLISHED:

Ünlü Ince, B., Fassaert, T., de Wit, M.A.S., Cuijpers, P., Smit, J., Ruwaard, J. & Riper, H. (2014). The relationship between acculturation strategies and depressive and anxiety disorders in Turkish migrants in the Netherlands. *BMC Psychiatry*, 14:252. doi: 10.1186/s12888-014-0252-5

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## SUBMITTED:

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