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Promoting physical activity using an activity monitor and a tailored web-based advice

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VRIJE UNIVERSITEIT

**Promoting physical activity
using an activity monitor and a tailored web-based advice**

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan
de Vrije Universiteit Amsterdam,
op gezag van de rector magnificus
prof.dr. L.M. Bouter,
in het openbaar te verdedigen
ten overstaan van de promotiecommissie
van de faculteit der Geneeskunde
op woensdag 20 mei 2009 om 13.45 uur
in de aula van de universiteit,
De Boelelaan 1105

door

Sander Maris Slootmaker

geboren te Zaanstad