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Perfecting Your Pitch

In search of the perfect baseball pitch and its training

Erik van der Graaff

This PhD thesis was embedded within Amsterdam Movement Sciences research institute at the Department of Human Movement Sciences, Faculty of Behavioural and Movement Sciences, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands. The research presented in this thesis was supported by the the Dutch Organisation for Scientific Research (NWO) under Grant [12893]. This STW-funded project, named project FASTBALL, is a cooperation between the Dutch baseball federation and the Vrije Universiteit Amsterdam, Delft University of Technology, the Bergman clinic, Motekforce Link and the fysiopractices Medicort and Manual Fysion.

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VRIJE UNIVERSITEIT

PERFECTING YOUR PITCH

In search of the perfect baseball pitch and its training.

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor of Philosophy aan
de Vrije Universiteit Amsterdam,
op gezag van de rector magnificus
prof.dr. V. Subramaniam,
in het openbaar te verdedigen
ten overstaan van de promotiecommissie
van de Gedrags- en Bewegingswetenschappen
op woensdag 10 april 2019 om 11.45 uur
in de aula van de universiteit,
De Boelelaan 1105

door

Erik van der Graaff

geboren te Rotterdam

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