

VU Research Portal

Contextual correlates of dietary behaviours in adults across Europe

Matias de Pinho, M.G.

2019

document version

Publisher's PDF, also known as Version of record

[Link to publication in VU Research Portal](#)

citation for published version (APA)

Matias de Pinho, M. G. (2019). *Contextual correlates of dietary behaviours in adults across Europe*. [PhD-Thesis - Research and graduation internal, Vrije Universiteit Amsterdam].

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

E-mail address:

vuresearchportal.ub@vu.nl



About The Author

Maria Gabriela Matias de Pinho was born on September 9th, 1988 in Florianópolis, a fascinating island in the south of Brazil. She was named after her paternal and maternal grandmothers, while also being given their two surnames: Matias from her mother's and de Pinho from her father's family. As much as she loves her name and its origin, she understands it can get complicated in

international contexts. Luckily, it is not uncommon in the Netherlands for people to officially use their nickname. Thus, since week one in the low lands, she goes by her nickname - Gabi.

In 2008, Gabi started a 5 years Bachelor program in Nutrition at the Federal University of Santa Catarina (UFSC). During this period, she got involved in various academic activities and develop a strong interest for Public Health. In 2013, she was admitted to a research Master in Nutrition in the same university. She was among the three best candidates in the program application, being awarded a scholarship to support her during the two years of her master studies. During her master, she had the opportunity to work on different research projects focused on the prevention of non-communicable diseases. At this point, she became very enthusiastic about epidemiology, and strove to further developed her scientific skills.

Seeking to build a strong academic career, Gabi moved from Brazil to the Netherlands as she was granted a fully funded PhD abroad, by the Brazilian National Council for Scientific and Technological Development (CNPq). In October 2015, she started her PhD project on the Contextual Correlates of Dietary Behaviours in Adults Across Europe, at the Department of Epidemiology and Biostatistics, and the Amsterdam Public Health research institute. Gabi considers herself lucky enough to have had the chance to not only grow as a research scholar, but also have fun while conducting her PhD project.

Contextual correlates of dietary behaviours in adults across Europe Maria Gabriela Matias de Pinho

Contextual correlates of dietary behaviours in adults across Europe

Maria Gabriela Matias de Pinho

